

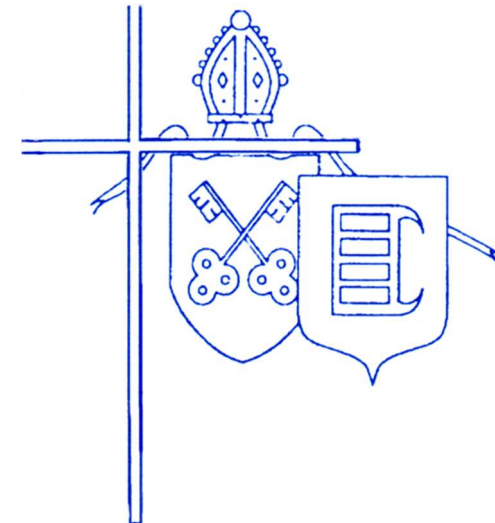
Week Three Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN	Vegetable Chow Mein Served with Curry Sauce	Margherita Pizza Served with Jacket Wedges	Roast Vegan Quorn Fillet Served with Roast Potatoes & Gravy	Chilli Vege-Mince Served with Rice & Baked Tortilla Chips	Cheesy Vegetable Nuggets Served with Chips
MAIN MEAL	Chicken Chow Mein Served with Curry Sauce	Pepperoni Pizza Served with Jacket Wedges	Roast Breast of Chicken Served with Roast Potatoes & Gravy	Chilli Beef Served with Rice & Baked Tortilla Chips	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Flapjack	Assorted Jellies, Yoghurt, Fresh Fruit Pots	Lemon Drizzle Cake	Chocolate Mousse	Assorted Jellies, Yoghurt, Fresh Fruit Pots

Also Available Daily:

- * A choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Fruit Jelly
- * Ham or Cheese Wrap or Sandwich

Barnwood Kitchen Lunch Menu





Week One Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN	Vegetable Mince Bolognaise Served with Garlic Bread	Lentil & Vegetable Curry Served with Rice	Roast Vegan Quorn Fillet Served with Roast Potatoes	Vegan Sausage Roll Served with Jacket Wedges	Cheesy Vegetable Nuggets Served with Chips
MAIN MEAL	Spaghetti Bolognaise Served with Garlic Bread	Mild Chicken Korma Served with Rice	Roast Breast of Chicken Served with Roast Potatoes & Gravy	Macaroni Cheese	Fish Fingers Served with Chips
JACKET POTATO	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Banana Cake	Assorted Jellies, Yoghurt, Fresh Fruit Pots	Vanilla Ice Cream Tubs	Apple Crumble with Custard	Assorted Jellies, Yoghurt, Fresh Fruit Pots

Also Available Daily:

- * A choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Fruit Jelly
- * Ham or Cheese Wrap or Sandwich



Week Two Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
VEGETARIAN	Quorn Vegan Sausage Served with Mashed Potato & Gravy	Vegetable Lasagne Served with Garlic Bread	Roast Vegan Quorn Fillet Served with Roast Potatoes & Gravy	Quorn Vegetable Burger & Opt. Cheese Slice Served with Jacket Wedges	Cheesy Vegetable Nuggets Served with Chips
MAIN MEAL	Pasta Twists with Tomato Sauce	Beef Lasagne Served with Garlic Bread	Roast Gammon Served with Roast Potatoes & Gravy	Cheese Burger or Beef Burger in a Bap Served with Jacket Wedges	Breaded Fish Cakes Served with Chips
JACKET POTATO	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese	Jacket Potato Served with Baked Beans / Grated Cheese / Baked Beans & Cheese
SIDE DISH	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Baked Beans or Peas
DESSERTS	Shortbread	Assorted Jellies, Yoghurt, Fresh Fruit Pots	Carrot Cake	Raspberry Ripple Ice Cream	Assorted Jellies, Yoghurt, Fresh Fruit Pots

Also Available Daily:

- * A choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt, Fruit Jelly
- * Ham or Cheese Wrap or Sandwich