



Planning Overview

Reception

- Lesson 1: **Responsibility**
- Lesson 2: **Growing Up**
- Lesson 3: **People Who Help Us**
- Lesson 4: **Keeping Ourselves Clean**

Year One

- Lesson 1: **Changes - Life Cycles**
- Lesson 2: **Changes - The Human Life Cycle**
- Lesson 3: **Being Unique**
- Lesson 4: **Personal Hygiene**

Year Two

- Lesson 1: **Similarities and Differences – Body Parts**
- Lesson 2: **Where Do Babies Come From?**
- Lesson 3: **Changes – Physical**
- Lesson 4: **Changes – Becoming Independent**

Year Three

- Lesson 1: **Similarities and Differences – Reproductive Organs**
- Lesson 2: **Types of Love**
- Lesson 3: **Personal Hygiene – Hand Washing**
- Lesson 4: **Personal Hygiene – Infection**

Year Four

- Lesson 1: **Changes – Life Cycle**
- Lesson 2: **Changes – Responsibilities**
- Lesson 3: **Personal Hygiene – Antibiotics**
- Lesson 4: **Challenging Stereotypes**

Year Five

- Lesson 1: **Changes – Physical**
- Lesson 2: **Changes – Emotional**
- Lesson 3: **Personal Hygiene – Keeping Clean**
- Lesson 4: **Genetic Inheritance**

Year Six

- Lesson 1: **Changes – Physical**
- Lesson 2: **Changes – Emotional**
- Lesson 3: **Life Cycle – Sexual Intercourse**
- Lesson 4: **Relationships**
- Lesson 5: **Birth and a New Baby**

